

Monthly Theme: Reflection

October 1 & 2: **Compassion**

“For there our captors asked us for songs, and our tormentors asked us for mirth, saying, “Sing us one of the songs of Zion!””

~ Psalm 137:3

“Stand still. The trees ahead and bushes beside you are not lost.”

—David Wagoner
“lost”

Safeguard your gift, nurture your power until it is ready, until it is called out. Then you will be able to see the foliage that has time enough to grow to show the way through.



**Invitation to
Compassion**

Center with: too quickly I give of myself, Timeless One. No one has rights to my gift. When it is ready, my power will bless. In time, my capacity will re-create.

**Breathe
In:**

**My power is
precious**

**Breathe
Out:**

**I don't owe
an explanation**



Reflection:

When has someone expected something of you that you weren't ready—or prepared—to give? (e.g., 'Give me a smile')

What brilliance is growing in you?

I will have compassion toward my developing brilliance by: