

Monthly Theme: Inspiration

October 13 & 24: Purpose

'Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal."

~ John 6:26, 27

Throw your shadow overboard
Proverbs, blessings scratched into wood
The tar of my country better
than the honey of others

—Edwardo C. Corral,
"Cayucos"



**Invitation
to Purpose**

Center with: tasting, I see it is You
that is Good. I find meaning already within.
The divine feast sustains; the sweet course
never goes bad.

**Breathe
In:**

I am whole

**Breathe
Out:**

**goodness dwells
in me**



Reflection:

When have you admired someone and then discovered their life was not what it seemed? What was it like to discover this?

Is it easier to assume someone else has more potential or contributes more to the world than you? Why do you think that is?

I will feast with the Source of inspiration today by: