

Monthly Theme: Motivation

November 3 & 4: **Freedom**

“He entered Jericho and was passing through it. A man was there named Zacchaeus; he was a chief tax collector and was rich. He was trying to see who Jesus was, but on account of the crowd he could not, because he was short in stature.”

~ Luke 19:1-3

“To tell the truth is to become beautiful, to begin to love yourself, value yourself. And that’s political, in its most profound way.”
— June Jordan



Invitation to Freedom

Center with: I fixate on what others see, Magnificent I-AM. You see me for me. I must see, too. Climbing a bit higher, my crowded thoughts clear. Short on nothing, I’m free to be me.

Breathe In:

I know my name

Breathe Out:

I can free its truth



Reflection:

What do hear others telling you about how you fall short? What do you believe about this?

What is the truth of you? What is beautiful about that truth?

I will live into the freedom to be me today by: