Monthly Theme: Compassion December 1 & 2: Acceptance

"For whatever was written in former days was written for our instruction, so that by steadfastness and by the encouragement of the scriptures we might have hope. May the God of steadfastness and encouragement grant you to live in harmony with one another, in accordance with Christ Jesus, that together you may with one voice glorify the God and Father of our Lord Jesus Christ."

~ Romans 15:4-6

"There is a reason the sky gets dark at night—we were not meant to see everything all the time. We were meant to rest and trust even in the darkness."

- Morgan Harper Nichols



How do you PREPARE for compassion?
When is CONFESSING important in acceptance?
Take a picture of a scene or object that represents what either/both might look like.

share your pictures on social media or with a friend.



Reflection:

Invitation to Acceptance

Hope is acceptance of darkness—and that there is beauty in it. How can self-compassion prepare you in hope this Advent season?

Breathe I rest in the mystery of darkness

Breathe God, you light the way

What word or phrase is catching your attention? Write about it here: