

Monthly Theme: Compassion

December 5 & 6: Acceptance

“May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit.”

~ Romans 15:13

“Tenderness is the most modest form of love. It is the kind of love that ... appears wherever we take a close and careful look at another being, at something that is is not our ‘self.’”

— Olga Tokarczuk

ADVENT PHOTO-A-DAY 2022

Each day during Advent, we will post a word of the day. We invite you to pause, reflect and post a response on Instagram, Twitter or Facebook. Your post should illustrate how you perceive each word of the day. No explanation needed. You can share a photo, poem or even a simple thought.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 27	READY	AWAKE	PROCLAIMING	PREPARE	CONFESSING	WORTHY	POWERFUL
December 4	BAPTIZE	TELL	HEAR	SEE	BLESSED	MESSENGER	GREATER
December 11	LEAST	FOUND	RIGHTEOUS	SPIRIT	NAME	SAVE	UNTIL
December 18	LIGHT	DEEP	JOY	RESTS	ENDLESS	PEACE	JUSTICE
Christmas Day: FOREVERMORE							

What would you TELL on the mountain? What do you HEAR today? Take a picture of a scene or object that represents what either/both might look like.

share your pictures on social media or with a friend.



Invitation to Acceptance



Center with peace:

A place for prayer (with thanks to Anthony de Mello SJ)

Recall a place where you feel at peace . . .
 Imagine it if you can . . . or in some way get a sense of it . . .
 What do you notice about it? . . .
 Let the Holy Spirit be there with you . . .
 in the breeze or the air you breathe . . .



Share a gratitude with the group on [GroupMe](#)



—or—

Write a hand-written note to someone

—or—

Try the eirenicole podcast 10-Day Mindfulness Challenge

