

# Monthly Theme: Compassion

## December 8 & 9: **Kindness**

“My soul magnifies the Lord, and my spirit rejoices in God my Savior, for God has looked with favor on the lowliness of this servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is the name.”

~ Luke 1:46b-49

Kindness means knowing in the depths of our bodies that the Holy occupies this space, and the womb is the site of God’s salvation. Kindness sees wholeness enfleshed.

**ADVENT PHOTO-A-DAY 2022**

Each day during Advent, we will post a word of the day. We invite you to pause, reflect and post a response on Instagram, Twitter or Facebook. Your post should illustrate how you perceive each word of the day. No explanation needed. You can share a photo, poem or even a simple thought.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 27	READY	AWAKE	PROCLAIMING	PREPARE	CONFESSING	WORTHY	POWERFUL
December 4	BAPTIZE	TELL	HEAR	SEE	BLESSED	MESSENGER	GREATER
December 11	LEAST	FOUND	RIGHTEOUS	SPIRIT	NAME	SAVE	UNTIL
December 18	LIGHT	DEEP	JOY	RESTS	ENDLESS	PEACE	JUSTICE
★ Christmas Day: FOREVERMORE ★							

What makes you feel **BLESSED**? What have you noticed be a **MESSENGER** of kindness? Take a picture of a scene or object that represents what either/both might look like.

share your pictures on social media or with a friend.



Invitation to Kindness

### Reflection:

To magnify is to bless, and Mary blesses the God who views her body as worthy to be blessed. Do you bless yours? Do you see your body as a site of salvation? Write your reflection here:

**Breathe in:**

This body is holy

**Breathe out:**

I will bless it

What word or phrase is catching your attention? Write about it here: